



Elmsleigh  
INFANT & NURSERY SCHOOL

Grow to be the best we can be  
**Child-on-Child Hurtful Behaviour Policy  
(Child-Friendly)**

Written: March 2026

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Written in consultation with  
School Council and Online Safety Committees



# Child-Friendly Hurtful Behaviour Policy

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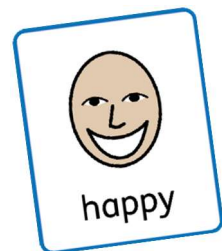
## 1

### Feeling safe and happy at school

At Elmsleigh Infant School, we want to make sure that you feel looked after, safe and happy when you are in and out of school. Sometimes we don't know if something bad is happening, so you need to tell us.

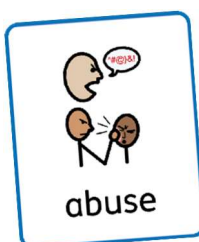
This policy looks at hurtful behaviour and bullying, and what you can do when you feel you are feeling unsafe or scared or bullied, or when you notice someone else feeling unsafe or scared or bullied.

We can help you by:



## 2

### What is hurtful behaviour?



This might be your friend, a child at school with you, or another child you may know.

**Hurtful behaviour** is something which usually physically or emotionally **hurts** another person by using behaviour that is meant to **scare, hurt** or **upset** that person.

Sometimes, it can be hard to know when hurtful behaviour is happening so it's really **important** you know when you are feeling unsafe or scared so we can make sure it stops.

There are lots of different types of hurtful behaviour. It is important you know what these types of hurtful behaviour there are so you know what to do if you see them.

# 3

## Bullying

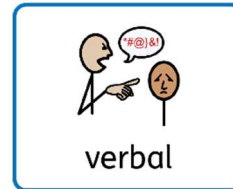
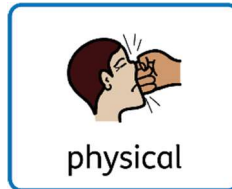
Bullying can be different things and isn't just hitting or kicking another person.

**Emotional bullying** is hurting someone's feelings, leaving them out or bossing them about.

**Physical bullying** is punching, kicking, spitting, hitting or pushing someone.

**Verbal bullying** is teasing someone, calling them names or using rude hand signs.

**Online bullying** is using social media such as gaming to say hurtful things to each other



# 4

## Relationships

Any relationship you have should be good and happy.

A bad relationship might make someone feel scared, confused, worried and even unsafe.

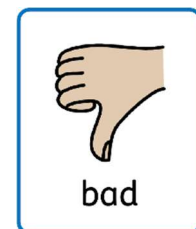
It's really important that you know the difference between a good relationship and a bad relationship.

### Good relationships

- You are comfortable around that person.
- You can be honest with that person.
- You can say how you feel, what you are thinking and you listen to each other.
- You support each other and treat each other nicely.
- You feel safe.
- You trust that person.
- You are equal – you don't boss each other around or tell each other what to do.
- You feel looked after.

### Bad relationships

- The person might push you, hit you or destroy your things.
- The person might tell you what to do, what to wear or who you can see.
- You might feel scared – they might say they will hurt you if you don't do something. They might also say they will hurt you if you do something too.
- The person calls you names, makes you feel bad in front of other people and makes you feel bad about yourself.
- The person gets angry easily and you don't know what will make them angry – it might make you feel nervous.
- The person might not take no for answer when you say you don't want to do something.
- Someone who doesn't ask permission before coming into our bubble.



# 5

## What do I do if someone else is feeling unsafe or scared?

If you see someone else feeling unsafe or scared, it is important that you **help** that person, because the person might keep upsetting them.

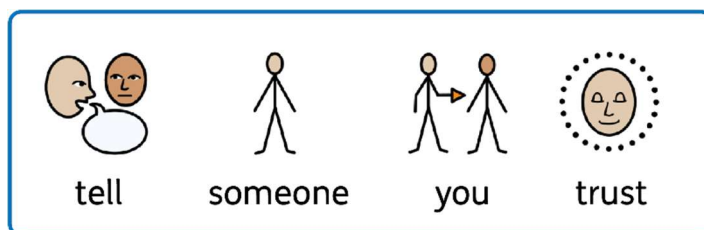


If you can, and it is **safe** to do so, tell the person showing hurtful behaviour to **stop**, but never get angry or hit them.

**Tell a grown-up**, such as a teacher, as soon as you've seen someone feeling unsafe and scared.

Grown-ups can **stop the hurtful behaviour** and make that person feel happy again. You should **never feel scared** to tell someone about hurtful behaviour.

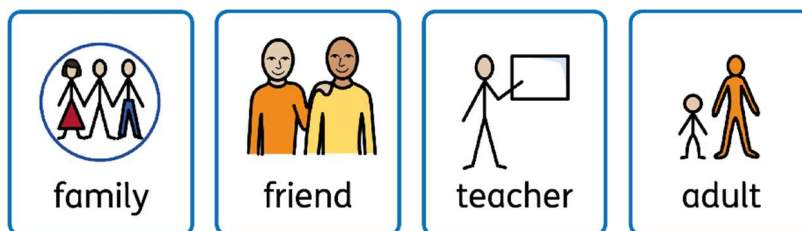
Sometimes, you might not **see someone feeling unsafe and scared**, but you might be **worried** about them. It's really important you **tell someone** even if you are worried, but haven't **seen** any hurtful behaviour.



# 6

## What do I do if something makes me feel unsafe or scared?

The first thing you should do is **tell someone you trust**. This could be a family member, a friend or **any adult in our school**.



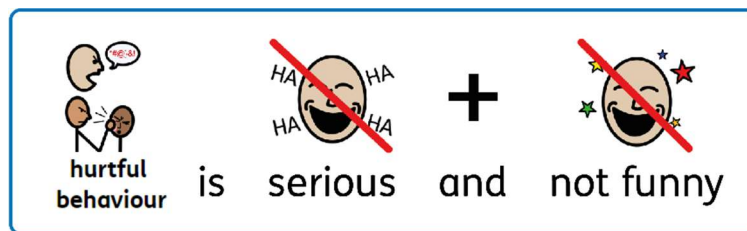
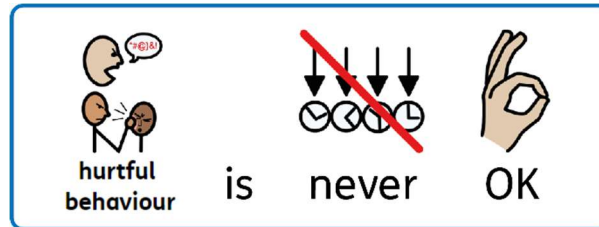
You can also **tell the person who is showing hurtful behaviour** to leave you alone. If telling them to leave you alone would **make you feel too scared or worried that they might hurt you**, make sure you **tell someone** so they can help.

You should **try not** to:

- Do what the person says.
- Let what the person says or does **upset** you.
- Get **angry** or hit them.



**You should know that hurtful behaviour is never OK and it is serious.**  
**It is not funny, or part of growing up.**  
If you show hurtful behaviour towards someone, you will get into trouble.



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